

coop™ deals

AUG 1 - AUG 14, 2018

fresh from
the garden!



IT'S PEAK TOMATO SEASON

Celebrate seasonal flavors with vine-ripened cherry tomatoes and organic olive oil in a caprese pasta salad. With a zap of lemon juice and mellow fresh mozzarella, it's a crowd pleaser. Get the recipe at www.strongertogether.coop, and pick up some organic EVOO on sale today!



8.99

Spectrum
Organic Unrefined
Extra Virgin Olive Oil
25.4 oz., selected varieties



2.99

Annie's Naturals
Organic Dressing
8 oz., selected varieties



3.39

Gardein
Meatless Chick'n
Tenders
9-11.5 oz., selected varieties
other Gardein items also on sale



2/\$6

The Greek Gods
Greek Yogurt
24 oz., selected varieties

Your Community-Owned Grocery Stores

82 S. Winooski Ave, Burlington, VT
Open 7am - 11pm every day
(802) 861-9700

207 Flynn Ave, Burlington, VT
Open 7am - 9pm every day
(802) 540-6400

www.citymarket.coop

City
Market
Onion River Co-op



2/\$5

Van's
Waffles
8-9 oz., selected
varieties



3.99

Organic Valley
Organic Cultured
or Pasture Butter
8 oz., selected varieties



2/\$5

GT's
Kombucha
16 oz., selected varieties



4.99

Garrett Valley
Uncured Sugar
Free Paleo Bacon
8 oz., selected varieties



3.99

Little Northern
Bakehouse
Gluten-Free
Bread
16-17 oz., selected
varieties



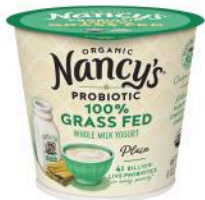
4.99

Redwood Hill
Farm
Goat Milk Kefir
32 oz., selected varieties
Available by special
order only



3.39

Bhakti Chai
Ready-to-Drink
Chai
16 oz., selected varieties



4/\$5

Nancy's
Organic Grass-fed
Yogurt
6 oz., selected varieties
Available by special
order only



4/\$3

Brown Cow
Cream Top
Yogurt
5.3 oz., selected varieties



3.99

Silk
Almond Milk Yogurt
24 oz., selected varieties
Available by special order
only



3.99

Ripple
Non-Dairy Milk
48 oz., selected varieties



3.99

Pete and
Gerry's Organic
Eggs
1 Dozen, selected
varieties



3/\$5

Lifeway
Organic Skyr
Icelandic Yogurt
5 oz., selected varieties
Available by special
order only

Start your day with savings at the co-op!



3.99

Halo Top Creamery Ice Cream
16 oz., selected varieties



3.99

Talenti Gelato or Sorbetto
16 oz., selected varieties



2/\$4
Cascadian Farm Organic Frozen Vegetables
10 oz., selected varieties



2/\$5

Annie's Homegrown Pizza Poppers
5 oz., selected varieties
Pizza Bagels also on sale



3.99

Rumiano Organic Cheese
8 oz., selected varieties
Available by special order only



2/\$3

Happy Family Organic Superfoods
3.5-4.22 oz., selected varieties



5/\$2

Stretch Island Fruit Leather
.5 oz., selected varieties



2/\$5

Kind Healthy Grains Bars
5 ct., selected varieties



tasty, organic protein bars

Grab a high protein MacroBar - deliciously chewy nut butter-based bars. Each bar is Certified Organic, vegan, gluten-free, non-GMO, and raw.

2/\$4

Gomacro Organic Macrobar
2-2.5 oz., selected varieties



5/\$5

Luna Protein Bar
1.48-1.69 oz., selected varieties



3/\$5

Primal Kitchen Protein Bars
1.7 oz., selected varieties

Discover tasty, healthful snacks for busy lives.



3/\$5

Purely Elizabeth Granola-Free Bar
1.4 oz., selected varieties



2/\$6

R.W. Knudsen Organic Juice
32 oz., selected varieties



*new bottle,
same great taste*

Honest Tea is brewed with organic, Fair Trade Certified tea leaves and available in a variety of delicious flavors that are either unsweetened or just a tad sweet.

5/\$5

Honest Organic Ready-to-Drink Tea
16 oz., selected varieties



8.99

Equal Exchange Organic Bulk Breakfast Blend Coffee
per pound in bulk, selected varieties



3.39

One Degree Sprouted Grain Cereal
8-12 oz., selected varieties



3.99

Kind Healthy Grain Clusters
11 oz., selected varieties



2/\$5

Mom's Best Cereal
20 oz., selected varieties



2.99

Barbara's Puffins Cereal
11 oz., selected varieties



2.99

Erewhon Organic Gluten-Free Crispy Brown Rice
10 oz., selected varieties

*wholesome,
delicious cereals*

Start your day with a bowl of cereal that is as nutritious as it is delicious. **Mom's Best**, **Barbara's** and **Erewhon** all use good-for-you ingredients in their cereals so you can feel great about what you feed yourself and your family for the most important meal of the day.

Huge deals. Full carts. Can't lose.



2/\$3
C2O
Coconut Water
17.5 oz., selected varieties



2.39
So Delicious
Coconut Milk
32 oz., selected varieties



zesty citrus flavors

Delicious, thirst-quenching, authentic Italian fruit beverages. Rooted in the homemade Italian tradition, each flavor is prepared carefully with high quality ingredients.

4.69
San Pellegrino
Sparkling Fruit Beverage
6 pack, selected varieties



2.99
Maya Kaimal
Indian Simmer
Sauce
12.5 oz., selected varieties



2.99
Maya Kaimal
Organic Dal
10 oz., selected varieties



4.99
Maranatha
Organic Peanut
Butter
16 oz., selected varieties



avocado lovers rejoice!

For too long, condiments were behind the times. But Sir Kensington's has fixed that. Our Avocado Mayo is made with 100% avocado oil, certified humane free-range eggs, a squeeze of lime and pinch of black pepper.

4.99
Sir Kensington's
Mayonnaise with Avocado Oil
16 oz., selected varieties
other Mayonnaise varieties also on sale



2/\$5
Late July Organic
Mini Sandwich
Crackers
5 oz., selected varieties



2/\$4
Late July
Clasico Tortilla
Chips
5.5 oz., selected varieties

Summertime savings on sips, snacks and suppers.



8.99

Justin's
Almond Butter
16 oz., selected varieties



3/\$5

Gimme Organic
Organic Seaweed
Snacks
.35 oz., selected varieties



2/\$5

Plant Snacks
Cassava Root
Chips
5 oz., selected varieties
Available by special
order only



2.99

Epic
Pork Rinds
2.5 oz., selected varieties



2/\$7

Annie's Homegrown
Organic Graham Crackers
14.4 oz., selected varieties



2/\$7

Back To Nature
Cookies
8-12 oz., selected
varieties
some varieties \$4.39



2/\$4

Lundberg Family
Farms Rice Chips
6 oz., selected varieties
Available by special
order only



3.99

Simple Mills
Almond Flour
Crackers
4.25 oz., selected
varieties
Available by special
order only



scoop up the savings in bulk!

1.79

Bulk
Organic Pinto
Beans
per pound in bulk



3.19

Tierra Farm
Bulk Organic Raw
Pepitas
per pound in bulk; available

9.99

Tierra Farm
Bulk Organic Whole
Raw Cashews
per pound in bulk

Sweet and savory treats for the whole family.



6.99

**Alba Botanica
Hawaiian Shampoo
or Conditioner**
12 oz., selected varieties



19.99

**Dr. Hauschka
Cleansing Cream**
1.7 oz.
other Dr. Hauschka Skin
Care products also on sale



3.99

**Heritage Store
Rosewater with
Atomizer**
4 oz.



39.99

**Vega Sport
Protein Drink Mix**
28-30 oz., selected
varieties
Available by special
order only



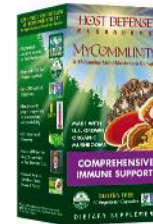
6.99

everyday low price
**Field Day
Bath Tissue**
12 ct.



9.99

**Seventh
Generation Baby
Diapers**
17-40 ct., selected
varieties



27.99

**Host Defense
Mushrooms
Immune Support**
60 ct.
other Host Defense
products also on sale

back to school essentials



Nordic Berries multivitamin gives kids (and adults) the daily vitamins and minerals they need in a great tasting, gluten-free gummy.

19.99

**Nordic Naturals
Nordic Berries Kids
Multivitamin**

120 ct., selected varieties
other Nordic Naturals products also on sale



13.99

**Garden Of Life
MyKind Organics B-12 Spray**
2 oz.

other MyKind products also on sale

Growing healthy communities together.



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Downtown

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South End

207 Flynn Ave, Burlington, VT
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(802) 540-6400

www.citymarket.coop

We welcome EBT, CAT\$cratch, Knight & CCCash Cards and manufacturers' coupons

Let's Grow Together!

Member Loan Campaign

How to Get Involved

www.citymarket.coop/memberloan

or contact Allison Hope at 802-777-2667
for details on the loan offering.



3.99

Tom's Of Maine Toothpaste

4.7-5.5 oz., selected varieties
other Tom's of Maine products also on sale



9.99

Everyday Coconut Hydrating Body Lotion

32 oz.
other Everyday Coconut products also on sale



2/\$6

Dr. Bronner's Bar Soap
5 oz., selected varieties



9.99

Planet Liquid Laundry Detergent
100 oz.

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

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